



SUNSMART POLICY

At Colourbox Montessori Nursery we want staff, students and children to enjoy the sun safely. We will work with staff, students and parents to achieve this through the following:

Clothing

Parents must dress their child in suitable clothing for sunny weather. We request lightweight clothing with long sleeves and trousers along with a sunhat with neck covering and socks with enclosed footwear. Wearing lightweight and light-coloured clothing is an incredibly effective way to protect your skin from the sun's rays. This will ensure that the most sensitive areas of skin are protected e.g. shoulders, collar bones, necks, ears and ankles. Where children attend Country Club, all skin except hands and faces must be covered to protect children from the natural elements such as nettles, ticks and brambles.

Sun cream

If you wish for your child to also wear sun cream, we ask that you apply a high factor, long lasting sun cream to your child before the start of their session. For children that attend all day, parents may provide a named **sun stick** for their child to use on their face whilst at nursery. This should be handed directly to a staff member and kept at the nursery.

Water bottles

During the summer term (April to August), children need to bring their own labelled water bottle containing fresh water to each session and this will be taken home daily. Water bottles are for outside use only. Within the room, children have access to drinking water and cups throughout the session and at meal times. Bottles must only contain water and not contain juices, squash or medication as we need to manage children's allergies, dental health and the insects that are attracted by sugary drinks.

Timetabling

Children's outdoor time will be managed so that they are not in direct sun when it is at its hottest. Along with the natural shade from trees, sunshades and canopies will be used to create other shaded areas.

This policy will be reviewed in April 2023